THE HEIGHTS ACADEMY NEWSLETTER

25TH SEPTEMBER 2026

It's been another busy and exciting week in school, with lots of opportunities for our pupils to learn, have fun and make their voices heard!
On Tuesday, we celebrated Democracy Day, where pupils learnt about what democracy means, why it is important and about our right to vote. Pupils then had the chance to put this into practice as they took part in our School Council elections!
There was lots of excitement as pupils cast their votes for the representatives they would like to speak on behalf of their class. We are looking forward to announcing our new School Council representatives next week – well done to everyone who took part!
On Thursday, we also enjoyed our Photo Day, with pupils and staff getting dressed up and ready for their photographs.

CATERING

This week in Catering, Year 7 compared their homemade chicken nuggets to McDonalds nuggets and designed a "fakeaway" burger to make next week. Year 8 made Mexican Tacos, Year 9's have looked at home food changes in heat, observing eggs before and after they're cooked. Whilst year 10 have been discussing different ways to make eggs, they've had a go at boiling, scrambling and frying eggs. Well done everyone!







AUTISM SUPPORT FOR PARENTS AND CARERS

Upcoming webinar which may be of interest:
Upcoming Webinar
Autism and Sensory Differences – Tuesday 13 October @ 10:00 am - 11:30 am.
Join us for a one-off training session on Autism and Sensory differences.
In this session, we will cover:

- How autistic people may experience their senses
- How sensory differences link to anxiety
- Changing the environment to support sensory differences

Can't attend the webinar live? Don't worry, you can catch up with a recording available to view for up to 2 weeks following the webinar.
Autism and Sensory Differences | Autism West Midlands

Groups for pupils and parents:

Signpost Inclusion, Solihull
has a youth group for 8 – 16-year-olds.
Signpost Inclusion works with children and families of those with special needs, including both physical and hidden disabilities. Our main cohort being on the autistic spectrum. Signpost Inclusion has a family focus. We believe that to help children with additional needs and disabilities, the whole family has to be the focus. Signpost Inclusion are based in Solihull and run an excellent activity calendar, everything from Gaming, swimming, gym sessions to sailing.

DATES FOR YOUR DIARY

WB 28th September - New starter checkins
Friday 9th October - Macmillian Coffee Morning - 9am - 11am
Thursday 22nd October - Pupils last day of half term.
Friday 23rd October - Staff training day
Monday 26th October - Friday 30th October - Half term
Monday 2nd November - Pupils to return to school
Parents Evening date to be announced for Autumn 2

USEFUL CONTACT NUMBERS

Here are some useful numbers for parents and children
Childline: 0800 1111
SOLAR: 0121 301 2750
NSPCC: 0808 800 5000
Mental Health support: Text "**SHOUT**" to **85258**