



# YOUR MENU Week ONE

Week Beginning: 23<sup>rd</sup> February , 16<sup>th</sup> March, 20<sup>th</sup> April,  
11<sup>th</sup> May, 8<sup>th</sup> June, 29<sup>th</sup> June

| Monday   | Tuesday                             | Wednesday  | Thursday                                | Friday                           |
|--|-------------------------------------|--|---|----------------------------------|
| Chicken Nuggets<br>Fishfingers   | Chilli Con Carne<br>Macaroni Cheese | Chicken Pie<br>Quorn sausage                                   | Hot Dog<br>Onions optional<br>Quorn Dog | Margherita Pizza<br>Fish Fingers |
| Garden Peas<br>Herby Diced<br>Potatoes   | Rice<br>Garlic bread<br>Sweetcorn   | Yorkshire Pudding<br>Stuffing / Mash<br>Potatoes<br>Vegetables | Herby Diced<br>Potatoes<br>Vegetables   | Chips<br>Baked Beans             |
| <b>Sandwiches, baguettes, wraps and jacket potatoes, fresh seasonal salad bar, yogurts and fruit /<br/>fresh bread pasta available daily</b> |                                     |  |   |                                  |
| Chocolate<br>Cookies   | Doughnut                            | Jelly  | Apple Crumble and<br>Custard            | Ice Cream Tub                    |
| ADDITIONAL MENU OPTIONS AVAILABLE DAILY  |                                     |  |   |                                  |

**These menus subject to change due to availability of food produce**

For any allergen or special dietary requirements please speak to a member of the catering team

**MADE FRESH**

The Heights Academy



# YOUR MENU Week TWO

Week Beginning: 2<sup>nd</sup> March, 23<sup>rd</sup> March, 27<sup>th</sup> April,  
18<sup>th</sup> May, 15<sup>th</sup> June, 6<sup>th</sup> July

| Monday   | Tuesday                             | Wednesday  | Thursday   | Friday  |
|--|-------------------------------------|--|--|---|
| Chicken Nuggets<br><br>Fish Fingers  | Pasta Bolognese<br><br>Cheese Pasty | Pork Sausages<br><br>Quorn Sausage                                 | Brunch<br><br>Omelette<br>Hash Brown<br>Sausage<br>Waffles | Pepperoni Pizza /<br>Margherita Pizza /<br><br>Fish Fingers |
| Diced Potatoes<br><br>Sweetcorn  | Vegetables<br><br>Garlic Bread      | Vegetables<br><br>Roast Potatoes<br><br>Gravy Yorkshire<br>pudding | Baked Beans  | Chips<br><br>Baked Beans                                    |
| <p><b>Sandwiches, baguettes and jacket potatoes, fresh seasonal salad bar, yogurts and fruit / fresh bread pasta available daily</b></p> |                                     |  |  |   |
| Cheesecake   | Chocolate Cracknel                  | Jelly  | Jam Sponge<br>Custard                                      | Individual Ice-<br>Cream pots                               |
| <p><small>ADDITIONAL MENU OPTIONS AVAILABLE DAILY</small></p>  |                                     |  |  |   |

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# YOUR MENU Week THREE

Week Beginning 9<sup>th</sup> March, 13<sup>th</sup> April, 4<sup>th</sup> May, 1<sup>st</sup> June, 22<sup>nd</sup> June, 13<sup>th</sup> July

| Monday   | Tuesday                               | Wednesday  | Thursday                   | Friday                          |
|--|---------------------------------------|--|----------------------------|---------------------------------|
| Chicken Nuggets<br>Fishfingers   | Beef Lasagne<br>Vegetable Lasagne     | Roast Chicken<br>Quorn Fillet                                      | Lamb Kofta<br>Fish Goujons | Margherita Pizza<br>Fishfingers |
| Potato Waffles<br>Baked Beans  | Potato Wedges<br>Peas<br>Garlic bread | Yorkshire Pudding<br>with stuffing<br>Roast Potatoes<br>Vegetables | Diced Potato<br>Sweetcorn  | Chips<br>Baked Beans            |
| <b>Sandwiches, baguettes and jacket potatoes, fresh seasonal salad bar, yogurts and fruit, fresh bread pasta available daily</b> |                                       |  |                            |                                 |
| Chocolate Muffins  | Shortbread                            | Jelly  | Marble Cake<br>Custard     | Individual Ice-Cream pots       |
| ADDITIONAL MENU OPTIONS AVAILABLE DAILY  |                                       |  |                            |                                 |

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